



3 DOCTOR

We, your orthodontist and staff, are dedicated to one goal - the best possible result for each patient. With our knowledge and experience we will develop the treatment plan and fit your child with the appliances needed.

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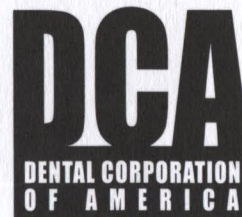
PATIENT + PARENT + DOCTOR

We are a partnership! Only through cooperation will we achieve the result we're working for - a healthy mouth and a better smile!

THE DOCTOR provides knowledge, experience, the treatment plan, and the appliances to realign teeth.

THE PATIENT must follow the doctor's instructions carefully so that the teeth can move as they are supposed to - and on schedule.

THE PARENT must see that the doctor's instructions are followed, and that appointments are kept - on time.



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RESPONSIBILITY AND COOPERATION

*A THREE-WAY
PARTNERSHIP*

*PATIENT
+
PARENT
+
DOCTOR*





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PATIENT

The patient has important
RESPONSIBILITIES:

BRUSH YOUR TEETH! You must brush your teeth and gums each time after eating (including snacks). Using the method we have shown you, brush for at least three minutes each time. It is very important that you do it right. Your treatment time will be prolonged if you do not keep your mouth clean and your gums might swell or bleed.

Be sure to keep your appointments and to be on time. Cancel only if it is an emergency. And, if you can't keep your appointment, call the office as soon as possible so someone else can be scheduled in your place. It is difficult to reschedule you since most appointments are made 3 to 6 weeks apart. We don't want you to lose any treatment time, so please cooperate.

Picking at or playing with your appliances could damage them, and this would require extra office visits as well as discomfort to you. If you break your appliance due to carelessness, we may



have to charge you additional for the repair so we want to avoid that problem.

Watch the foods you eat! Foods that damage your appliances are **HARD FOODS** (like raw vegetables-unless they are cut into small pieces), **STICKY FOODS** (like taffy and chewing gum), and **ICY FOODS** (like pop-sicles). Please follow our specific instructions, but the best rule is not to eat anything about which you have a doubt. This way, chances are that no harm will be done.

Elastics and springs provide the force that move teeth to new positions. If they are not worn exactly as you have been instructed, the teeth won't move as planned. They may even slip back to their old position! Don't run out of elastics. Call us when you are getting low. We'll send them to you or have you pick them up. Please remember to order the right size.

Keep smiling! Be proud of your appliances. They will give you a healthier mouth and a better smile.



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PARENT

As the parents of an orthodontic
patient your responsibility is

SUPERVISION:

Please make sure your child understands and follows our instructions. Call us if you have any questions.

Check daily to make sure your child brushes carefully and regularly.

Watch the foods your child eats.

Call us promptly if an appliance breaks or a band loosens. We will either make an emergency appointment or instruct you on how to handle the problem.

Be sure appointments are kept on time. Cancel only for real emergencies because rescheduling is difficult and might affect treatment.

Please don't ask for only after school appointments. We rotate our schedule to be fair to everyone.

Be positive in your approach to treatment. Your child will cooperate with your support. When the appliances are removed, you'll be proud of the lifetime benefit you have provided for your child.

